

A group of business professionals in a field with papers flying in the air. The scene is set against a bright blue sky with scattered white clouds. Several men in dark suits are scattered across a green field. Some are looking up at the sky, while others are reaching for papers that are floating in the air. The papers appear to be falling from above, creating a sense of chaos or a transition. The overall mood is one of active engagement and problem-solving.

Let us help
your people
pick up the
pieces

The logo for valueU, consisting of the word "valueU" in a white, lowercase, sans-serif font, centered within a dark red circular background.

valueU

valuing your organisation, your people and you



Do you need to provide support to people who find themselves out of a job as a result of restructuring?

Is there a requirement for providing ongoing learning and support for those who stay on?

Then we can help you.

ValueU is a leadership development and executive coaching organisation dedicated to ensuring that the organisations and people we work with create compelling futures that live up to their dreams. We do this by delivering positive behavioural change that will support your brand and your bottom line.

We offer a variety of programmes, including:

- **What next?** – one to one and group sessions to help those needing to find new employment
- **What now?** – one to one and group sessions for those with new or different responsibilities following a period of intense change.

To find out more, please call us on **01442825156** and speak to Sonia or visit the website at **www.valueu.com** and email us at **info@valueu.com**

Our programmes

What Next?

Once you have gone through organisational change what happens to the people who are leaving? The question is, what next for them?

One to one coaching programme

An individually tailored programme of coaching over a minimum of 6 weeks, designed to help those employees leaving you to get really clear about:

- What they are going to do next
- Where they will be heading and what it will be like when they get there
- What behaviours will be required
- What tools they will need to achieve it
- How to let go of where they have been
- Rebuilding self confidence and self esteem
- Their strengths and how to build these

In the sessions we will work with any issues they may bring, from self confidence to finding out what they really want from work and life. We do not come with ready made solutions. We work with capable adults who are in charge of their own destinies. The sessions will provide them with their own road map for success.

All our coaches are trained, accredited and members of the International Coaching Federation and or the Association of Coaching. The coaching packages are flexible to suit your requirements and availability. Coaching can be conducted on the phone or face to face and sessions may last from half an hour to 1½ hours. We are qualified to use a number of psychometric, behavioural and 360° tools to inform the coaching and

enhance the process of self awareness, but will always discuss this with you when designing the coaching package.

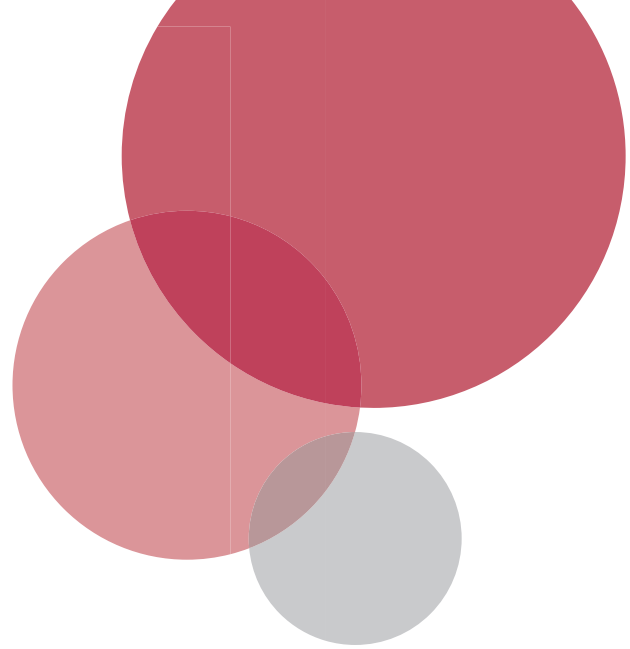
What Next workshop

Workshops are a great way to work on your plans and to explore your thinking with a variety of other people. They are also great for support during a difficult time for some people.

Our half day and full day workshops are designed to help those staff who will be leaving your employment choose their next career path by:

- Building self awareness and confidence
- Identifying and building on their strengths
- Getting clear about where they are going and what it will be like when they get there
- Identifying what they want their work / life balance to be
- Developing appropriate behaviours that will enable them to achieve their goals
- Exploring the importance of language - both verbal and non verbal
- Creating a great first impression - with optional 360° Impact tool
- Building an impactful CV

All our workshops are tailored to participants needs and are run on a demand basis. If you are interested in finding out more, please call us on **01442 825156** or email us at **info@valueu.com**



What Now?

Once you have gone through organisational change what happens to the people who are left? The question is, what now for them?

One to one coaching

An individually tailored programme of coaching over a minimum of 3 months, designed to help your people get really clear about:

- How their role has changed
- What they are going to do now given the new organisational objectives and structure
- What their new objectives are
- How they are going to reach them
- What new behaviours will be required
- What tools they will need to achieve them
- How to let go of how it was

In the sessions we will work within the new organisational context to deal with any issues they may bring and to help them quickly adapt and start working towards the new organisational goals. We do not come with ready made solutions. We work with capable adults who are in charge of their own destinies. The sessions will provide them with their own road map for success.

All our coaches are trained, accredited and members of the International Coaching Federation and or the Association of Coaching.

The coaching packages are flexible to suit your requirements and availability. Coaching can be conducted on the phone or face to face and sessions may last from half an hour to 1½ hours. We are qualified to use a number of psychometric, behavioural and 360° tools to inform the coaching and enhance the process of self awareness, but will always discuss this with you when designing the coaching package.

What now workshop

Workshops are a great way to work on your plans and to explore your thinking with a variety of other people. They are also great for sharing ideas.

Our half day and full day workshops are designed to help those employees who remain after a major change project to quickly adapt to the new organisational structure and goals by:

- Building clarity around what the new environment is
- Building clarity around what the new expectations are
- Increasing self awareness and confidence
- Identifying and building on their strengths
- Developing appropriate behaviours that will enable them to achieve their goals
- Building a new sense of identity and purpose in relation to the organisation

All our workshops are tailored to participants needs and are run on a demand basis.