

Our People: Gail Morgan



Overview

Gail is an inspirational image consultant, coach and trainer. She works with people at all levels, maximising their personal impact, both internally and externally – helping them achieve their goals, whilst increasing their self esteem.

Experience

Gail has worked in the image coaching business since 1992, following a successful career in retail management. She has advised, coached and trained clients, delegates and consultants in all aspects of impact management.

In her consultancy work, Gail has worked within both the private and corporate sectors – areas include financial services, telecommunications, the NHS, higher education and retail. She helped develop the Fashion Advisor role for John Lewis in a number of their stores.

Gail is a Fellow of the Federation of Image Consultants. She sat on the Board of Directors for five years and was President between 2002 and 2004.

Gail is a certified Master NLP Practitioner and an accredited Myers Briggs practitioner.

Coaching Style

Gail is practical, compassionate and empowering in her approach, allowing you the necessary time and space to take action. As you gain confidence, she will support and help you achieve your goals.

Gail specialises in personal presentation coaching linked with NLP techniques helping clients achieve the recognition they deserve in all of their lives. She can quickly unlock any negative beliefs that may be holding you back, teaching you tools and techniques that can be used, as and when required.

With her combination of coaching, NLP and impact experience, Gail truly can work for the outside in and the inside out.

She says, “ when I work with someone to challenge how they see themselves (and others), it is amazing how, with a few simple steps we can speedily change long standing perceptions and have a workable plan for the future”

Gail testimonials

I just wanted to say thanks for last week!

I REALLY enjoyed it & it's been such a revelation! I went out & treated myself to some new clothes & makeup at the weekend - both my colleagues & my partner thought I looked 'stunning' last week after I left you, even though they weren't quite sure why I looked so different!

I think what you do is incredibly interesting & you have a great personality - open & warm & friendly & professional.

Sally, small business owner.

I have to say that I enjoyed the consultation experience immensely – the whole thing was tremendously enlightening and great fun. I have learnt loads, feel ready to tackle the new challenges & feel so much better about myself. Thanks!

Amanda, graphic designer